

## STUDY ON IMPACT OF NHE INTERVENTION ON NUTRITIONAL STATUS OF YANADI TRIBE CHILDREN (3-8 YEARS) IN GUNTUR

## **DISTRICT OF ANDHRA PRADESH**

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## **ABSTRACT**

Tribals are one of the most exploited and deprived sections of the society. All development indicators show them to be the most excluded from mainstream despite the fact that various kinds of policies and programs have been pursued and executed for their social and economic upliftment in post-Independence India. The present intervention study was conducted on Yanadi tribal children with the objective of assessing the impact of NHE intervention on the Nutritional status of preschool children. The study concludes that nutrition education, as measures for inducing desirable behavioral changes for the ultimate improvement in the nutritional status of all nutrition intervention programmes. Lack of knowledge of the dietary requirements and the nutritive value of different foods is the main contributory cause for the widespread occurrence of malnutrition in developing countries. Nutrition education, which is practical and adapted to suit the socio-economic conditions, food habits and local food resources, can tackle the problem to a great extent.

KEYWORDS: Nutrition, Nutrition Education, Tribes, Preschool Children

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